

Community Action Nepal

Registered Charity Number 1067772



How to help

- Donations by cash or cheque can be sent to CAN's UK office. Cheques should be made payable to **Community Action Nepal**. **Better still**, you can set up a **Standing Order** using the form below. Remember to complete the Gift Aid Declaration if you are a UK taxpayer.
- Your money will be ring-fenced for use by Sailung TriNetra only
- If you want to see the beauty of Nepal for yourself, you can arrange a trek with **Community Action Treks**. Email info@catreks.com or call 01228 564488 or go to www.catreks.com for a brochure.

*Since Sailung TriNetra's projects are ongoing, the most valuable form of support is a regular contribution. This helps us to plan the annual budget and to fund new projects accordingly. To start Standing Order payments to Sailung TriNetra please complete the form below and send it to **Community Action Nepal, Warwick Mill, Warwick Bridge, Carlisle, Cumbria CA4 8RR** Thank you.*

Standing Order Form (Please complete in block capitals)

Name _____

Address _____

Postcode _____

Please pay CAN, at: NatWest PLC, 92 English Street, Carlisle, Cumbria, CA3 8NF

Account Number: 10059695 Sort Code : 60 – 04 – 30

the sum of _____pounds every month /quarter /six months/ year * (*Please delete as appropriate)

Starting on / / until further notice.

Please debit my account: Sort code:

Signature: _____

To the Manager: Name and address of bank _____

Gift Aid Declaration:

If you are a UK taxpayer, Community Action Nepal can reclaim the Income Tax paid by you from the Inland Revenue on this and all future donations.

I would like Community Action Nepal to treat all donations that I make from the date of this declaration as Gift Aid donations until I notify you otherwise.

Address

Signature:

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1. If your declaration covers donations you may make in the future, please notify CAN if you change your name or address while the declaration is in force. You can cancel the declaration at any time by notifying CAN so that it will not apply for donations made from that date onwards.
 2. You must pay an amount of Income Tax and/or Capital Gains Tax at least equal to the tax that CAN reclaims on your donation in the tax year
 3. If you pay higher rate tax, you can claim further tax relief in your Self Assessment tax return.
 4. If you are unsure whether or not your donations qualify for tax relief, ask CAN, or ask your local tax office for leaflet IP113 *Gift Aid*.